



Mentorship Community Program

Before entering into a mentorship partnership, it's important to me that we interview each other to determine how we might best work together.

POTENTIAL STRUCTURE OF MENTORSHIP:

Up to 60 min dedicated mentorship per month
In-person meetings, as needed
Reasonable text, email support

Pls plan to set up a 30min video chat to get to know one another. During that time, we may discuss any of the following interview Qs.

QUESTIONS:

What makes Mai Heath ND's expertise a good fit for your mentorship?

Are you willing to support the mentorship program continue in some way*?

What do you desire to get out of & put into mentorship?

Anything you'd like to share or ask?

PLS REMEMBER, CANDIDATES:

- 1) Must be 18 years or older
- 2) And at least one (1) of the circumstances listed below:

Chronic illness

BIPOC

Queer/LGBTQ2IA+

Currently enrolled in healthcare or birthwork training

Eligible for public assistance

History of substance use

Lack of positive family/friend support

Other vulnerability

PLS NOTE

Mentorship does not offer naturopathic health services